

Instructor Masters

Levels of Distress: Activity Sheet 17

(Avery #5163)

Some distress

Some distress

A lot of distress

A lot of distress

No distress

No distress

(Avery #5163)

Get Safe
Now On
Your Own

Stay Safe
Later

Get Safe
Now On
Your Own

Stay Safe
Later

Get Safe
Now On
Your Own

Stay Safe
Later

Instructor Masters

Adapted DM Chart Words: Activity Sheet 30

(Avery # 5163)

*****Cut stickers to fit shapes on Activity Sheet 30**

PROBLEM?

Is there a problem of abuse in this situation?

CHOICES?

What are the possible choices?

CONSEQUENCES?

Would the choice
Meet the 2 safety goals?

DECISION?

Decide how to act upon
the selected choice?

Safe Now Safe Now Safe Now Safe Now

Safe Later Safe Later Safe Later Safe Later

Safe Now Safe Now Safe Now Safe Now

Safe Later Safe Later Safe Later Safe Later

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